



beat the crowd REGISTER ONLINE



FREEDOM DAYS FUN RUN



Visit <http://www.cityofapplevalley.org>

Race Information

2 & 5 Mile Runs will be offered in conjunction with the "Freedom Days" 4th of July Celebration; plus a FREE '1/2 Pint 1/2 Mile Run' for youth ages 10 years and under. Awards will be presented in all age and gender categories to the top 5 finishers in the 2-Mile and 5-Miles Runs. All participants in the Youth '1/2 Pint 1/2 Mile Run' will receive a participation ribbon, plus other "R-W-B surprises" too!

NOTE: T-shirts are limited and will be available on a first-come first-serve basis. For more information call 952-953-2300 or visit the website:

<https://apm.activecommunities.com/applevalleyrecreation/Home>

2 & 5-Mile Runs: **\$7 Advance Fee**—Race Only **2-Mile #4712; 5-Mile #4714**
\$15 Advance Fee—Race & T-shirt **2-Mile #4711; 5-Mile #4713**

\$15 Day of Event Fee – Race Only
\$25 Day of Event Fee—Race & T-shirt

1/2 Pint 1/2 Mile Run: Register on-line through 7/1 at 8am **Free Youth 1/2-Mile #4715**
 (Youth 10 & Under ONLY) OR register on 7/4 @ Event!

WHEN:

THURSDAY, JULY 4, 2019; 8am

WHERE:

AVCC/Hayes Park; 14603 Hayes Rd.

