



RULES & MANAGER HANDBOOK ADULT BEAN BAG TOSS LEAGUES

Website: www.cityofapplevalley.org/beanbags

Weather/Cancellation Line: (952)953-2399, option #1

Location: Apple Valley Community Center, 14603 Hayes Rd

League Director: Nick Thompson

(952)953-2316

AVathletics@cityofapplevalley.org

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GENERAL INFORMATION

Welcome to the Apple Valley Adult Bean Bag League! We look forward to an excellent season. Attached you will find your league schedule, rules, and other pertinent league information.

Our hope is that you enjoy your experience participating in our leagues. If you have a comment, question, or concern, please feel free to contact me at any time during the season. Feedback from participants is extremely valuable and new ideas and suggestions are always welcome. Please contact the league director at AVathletics@cityofapplevalley.org or (952-953-2316)

Any new or clarified rules will be highlighted in grey.

GAME SITES

- All indoor leagues (fall & winter) are held at the Apple Valley Community Center, 14603 Hayes Rd in the sport court gym.
- All outdoor leagues (summer) are held at Johnny Cake Ridge Park East, 5800 140th St W near the park pavilion.

ROSTERS & ELIGIBILITY

Roster forms are available on the Apple Valley softball webpage as well as the Johnny Cake Ridge Park (JCRP) softball office.

1. **Eligibility:** Teams may be composed of two men, two women or a combination of both. There are no special co-rec rules.
2. **Minimum age:** All participants must be at least 18 years old prior to participating.
3. **Players may play on multiple teams** in Apple Valley leagues, but may only be rostered on one team per night of play.
4. **Rosters:**
 - a. **Preliminary roster deadline:** Rosters should be submitted prior to the start of your first game. All players must fill out all information and sign the roster before playing.

- b. **Adding players to roster is allowed** is allowed at any point prior to your last regular season game. Ask league staff for your original roster to make changes or additions.
- c. **Rosters are frozen for playoffs** following the last regular season game; no players may be added. All players listed on the team roster are eligible to participate in the post-season tournaments, regardless of the number (if any) regular season games they played.

INCLEMENT WEATHER & THE WEATHER LINE

Call 952-953-2399, option #1 after 5:00 p.m. This is the official way games are canceled and will be updated immediately when a decision is made.

Weather conditions can change dramatically in a short period of time. If there is a safety concern, a team is never required to play a game, even if the weather line or staff have not cancelled a game. The determination on make-ups, forfeits, etc. can be made at a future time.

LATE ARRIVALS AND FORFEITS

1. **Player limit to play:** A team must have two players to start a game; no team shall start short.
2. **Grace period:** A five-minute grace period is allowed only for first game. After 5 minutes if the 2nd team is not present the team on site is awarded the 1st game (1 pt.), after 10 minutes if the 2nd team has not arrived the team on site is awarded the 2nd game (1 pt.), and after 15 minutes that team is awarded the match (3 pts.) Any time spent waiting for the late team comes off the game time.
3. **Forfeits** are never a positive situation, but are even worse when a team fails to show up for a game and doesn't notify the other team and League Director within a reasonable amount of time. The team manager is responsible for notifying their opponents as well as League Directors if unable to play a scheduled game.

ALCOHOL & SMOKING

1. **Alcoholic beverages permitted:**
 - a. Outdoor Leagues: Glass bottles are strictly prohibited anywhere in the park. Any players or fans that have glass bottles in their possession will be asked to leave the park.
 - b. Indoor Leagues: Alcoholic beverages are not allowed inside the Apple Valley Community Center
2. **Impaired players** who becomes a safety risk to themselves or others will be asked to leave the game and/or park by the umpire or staff.
3. **Smoking** is not allowed in the park.

THE GAME

LEAGUE FORMAT

1. **Match length:** A match will consist of three games to 21 or greater regardless of if one team wins or loses the 1st 2 games. If teams are unable to finish the third game, the team that is ahead when time expires will win. All teams should complete their turn when time expires.
2. **Time limit:** There will be a 50-minute time limit per match. If teams are in the middle of a game when the 50 minutes time limit expires, teams shall finish the round and the score will become official (if one team is to at least 11 pts.). Any games not started within that time will be considered a tie. Points earned: Win=1 point, Tie=1/2 point, Loss=0 points. This is per game. So, the total points that one team could accumulate in one **match** is 3 pts.
3. **Reporting scores:**
 - a. Indoor leagues: The winning team should report scores to the Apple Valley Community Center front desk staff.
 - b. Outdoor leagues: The winning team should report scores to the on-site staff person. This should be done immediately following the completed matches so that the league standings can be kept up-to-date.

RULES

1. Two players per team (doubles). Team partners face each other from opposite boards.
2. Distance measured between Foot Foul Edges: 27 feet
3. Teams shall flip a coin or play rock-paper-scissors to determine who starts the first game.
4. Opponents alternate tosses until all eight bags are thrown.
5. The round is then scored (See Scoring).
6. The last team to score on previous round tosses first.

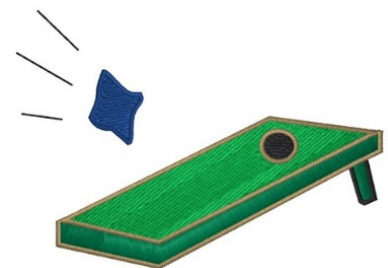
7. Toss again if any interference occurs.
8. Opponents may call Foot Foul and the call must be honored.
9. The losing team may switch sides and/or ends if they prefer. They will also toss 1st for next game. The winning team's players must stay on the same end.
10. Indoor leagues only: When done for the evening, please put the covers on the boards & place the boards on the far west wall.
11. Outdoor leagues only: When done for the evening, please place the boards leaning against the JCRPE park building.

SCORING

1. A game is won by the first team to score 21 points or more, a score of 11 or more when the other team has zero (SKUNK), or in the case of the match time limit expiring, whichever team is ahead. Games can end in a tie.
2. Three points for each bag in the hole.
3. One point for each bag on the board.
4. Score is the difference in the team totals. For example, after 1 round of 8 bags is played:
 - a. Team #1 has 1 bag in the hole and 2 bags on the board. $3+2=5$ points
 - b. Team #2 has 2 bags on the board. $1+1=2$ points
 - c. So after that round it would Team #1 leading 3-0 ($5-2+3$ points). The next round, Team #1 would go first because they were the last team to score.
5. Bags pushed in by an opponent's toss count as normal scoring.
6. If the bag is on the board it counts. The bag can be rolled on, bounced on, or thrown directly onto the board. Lift the board for questionable calls.

STANDINGS & AWARDS

1. **Final regular-season league standings** determine playoff seeds and are based on:
 - a. Points earned.
 - b. Tie breakers for final standings, in order used: fewest forfeits during the regular season, head-to-head competition; a coin flip.
2. **League awards:** Regular-season determines seeds for the playoffs.
 - a. Regular season champs receive t-shirts for playoff-eligible players on their roster, up to three t-shirts.
 - b. Playoff champs in each division receive a \$25 gift card.
 - c. Playoff runner up in each division receives a \$20 gift card.
3. **Playoffs:**
 - a. Playoffs will begin the week following the last regular-season games and will be completed in one or two evenings, depending on schedule availability. Playoff format will be two-games guaranteed traditionally with a championship and a consolation bracket.
 - b. Players must be on the roster to be eligible for playoffs.
 - c. Matches are best of three games. The first team to win two games wins the match and the remaining games will not be played.
 - d. Game time limits apply.
 - e. Games will be scheduled every 30 minutes assuming some matches will finish quickly.
 - f. Starting games is the same process as the regular season.



LEAGUE PLACEMENT

When the numbers of teams call for it, a league may be split into different divisions. As a general rule, where applicable, league winners will move up a league and the last place teams will move down a league. The League Director can make exceptions at their discretion including moving multiple teams up/down or leaving teams in the same league based on a wide variety of reasons and situations. While input from teams is encouraged and taken into consideration, refunds will not be issued to teams who disagree with the division in which they are ultimately placed.

The Apple Valley Parks and Recreation Department reserves the right to add or change rules at any time for the betterment of all, and make rule exceptions when special circumstances exist.

Apple Valley Parks & Recreation strives to make your experience as safe and fun as possible. Please take a few moments to read through the guidelines and discuss them with teammates. Any guideline below will override any league rule that contradicts it. All guidelines are subject to change based on what is best for the league and we will continue to evolve and adapt with new recommendations from the MDH, CDC, and State of Minnesota.

If you have any questions, please contact our office at 952-953-2316 or AVathletics@cityofapplevalley.org.

WAIVERS & CONTACT TRACING

- **Waiver on Roster:** Players need to completely fill in and sign the roster before they play their first game.
- **Players:** Each manager should keep a log of all participating player first and last names each evening for contact tracing, if necessary.

EQUIPMENT AND SANITIZATION

- **Minimize extra equipment:** Arrive with only what you need. Leave bags, purses and other items at home.
- **Face coverings:** We will continue to align with state recommendations on face coverings/masks. Currently, staff and participants are required to wear a mask indoors, but are allowed to temporarily remove it “When participating in organized sports where the level of exertion makes wearing a face covering difficult”. Players will be required to wear masks for bean bags leagues unless not medically advised. For some people, wearing a mask is not medically advised; reasonable ADA accommodations will be made on a case by case basis. <https://www.health.state.mn.us/diseases/coronavirus/facecover.html>
- **Bags:** Participants are encouraged to bring their own bags due to COVID-19. Participants utilizing their own bags may have bags that are a different weight/material etc. That is fine this year; let’s just get out and play. Please refrain from touching other people’s bags.
- **Boards:** Boards will be set up boards 15-20 feet away from other team’s boards. Participants are required to sanitize the board before and after each match.
- **Hand sanitation:** Participants must sanitize hands upon arrival and departure at a minimum. Hand sanitizer must be provided by the participant. Restrooms are currently not open due to COVID-19, portable restrooms are available at the park. Please refrain from touching your face throughout the evening.
- **Locker rooms and showers** will not be available.
- **Drinking fountains** are available to fill up water bottles, but participants will not be able to drink directly from the fountain.

SANITIZATION

- **Restrooms:** The restrooms in the sport court side will be open to encourage hand washing and they will be sanitized once prior to games starting each evening. The locker rooms will not be opened.
- **Hand sanitizer:** We recommend staff and players bring hand sanitizing products with them and use it frequently.
- **Sanitizing bags:** All teams should sanitize their bags before games each week.

SANITARY ETIQUETTE

- **Spitting or touching face:** Please refrain from activities that have a higher likelihood of spreading germs including spitting, touching your face, etc. Staff have discretion to handle irresponsible sanitary behavior at an appropriate level ranging from a warning to ejection.
- **Sneezes or coughs:** All should cover their mouth and nose with their sleeve or a tissue when coughing or sneezing. Dispose of tissues and wash or sanitize hands immediately afterward.
- **Handwashing or sanitizing:** All participants should wash and/or sanitize hands immediately upon entering the building and just prior to exiting.
- **Touching others:** Refrain from contacting others unnecessarily (no high fives, huddles, etc.).

SOCIAL DISTANCING

- **6' social distancing:** All staff and players are encouraged to continue 6 feet social distancing when not playing and maintain distancing when not making a play on the ball. It is also important that social distancing take place before and after matches to ensure we can continue to provide opportunities for people to recreate in our leagues and programs.
- **Distancing during play:** Once you toss a bag, step back 6-10 feet behind the board to allow for social distancing while the other team tosses. When you retrieve your bags please take turns and stand back 6-10 feet while the other team retrieves all four of their bags.
- **Gathering sizes** will adhere to MDH and State guidelines. Teams should limit attendance to players only (no family, children, etc.).
- **Spectators** will not be allowed.
- **Game timing:** Teams should immediately exit the gym once their match time is complete. Teams arriving should not enter the gym more than five minutes before their game time. Please time your entry into the Apple Valley Community Center accordingly; do not congregate in the hallways or lobby areas.
- **Schedules** will be posted at www.cityofapplevalley.org/beanbags, but will not be posted on-site at the Community Center to minimize congregation.

SELF-MONITORING & ILLNESS

- **Temperature check at home:** Players should do a temperature check at home (needs to be less than 100.4F)
- **Exposure, symptoms & quarantine:** A participant is required to stay home if they are [exhibiting symptoms of COVID-19](#) or if they have exposure to others with COVID-19 symptoms/illness in order to prevent the spread of COVID-19 to other people. The Parks & Recreation department will follow [Minnesota Department of Health \(MDH\) guidelines regarding how long to stay home if you're sick](#).
- **Reporting illness:** If you have tested positive for COVID-19 and have participated in Parks & Recreation program, we would appreciate it if you contact our office as soon as possible.
- **Players:** Each manager should keep a log of all participating player first and last names each evening for contact tracing, if necessary.

STATE RESOURCES

- [Guidance for Social Distancing in Adult Sports:](https://www.health.state.mn.us/diseases/coronavirus/sportsguidefaq.pdf) <https://www.health.state.mn.us/diseases/coronavirus/sportsguidefaq.pdf>
- [Stay Safe Guidance for Organized Sports Website :](https://staysafe.mn.gov/industry-guidance/organized-sports.jsp) <https://staysafe.mn.gov/industry-guidance/organized-sports.jsp>
- MN Mask Mandate Information: <https://www.health.state.mn.us/diseases/coronavirus/facecover.html>

QUESTIONS

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